

The Apponequet Athletic Department cordially invites
your team to the 4th annual

BIG WAVE



CROSS COUNTRY INVITATIONAL

Saturday September 17th 2016 9:30

Very open field and wood trail course

2 Races at 1.5 Miles

Middle School 7th/8th Grade Boys & Girls

4 races at 2.5-Miles

Freshmen/Sophomore Girls

Freshmen/Sophomore Boys

Junior/Senior Girls

Junior Senior Boys

Plaques and Medals to the top 15 in each race

Sanctioned by the MIAA

Plaques for the winning team in each division

Entry Fee is \$150.00 per school or \$10.00 per Individual

Middle School Teams \$75.00 \$5.00 Individual

If you are interested, e-mail Dennis Thibeault

@dtriplep@comcast.net

Please send your roster to Jim Kelly at

sprintercoach11@comcast.net

**Make checks or PO's payable to the :Freetown-Lakeville
School District ,100 Howland Rd. ,Lakeville Mass 02347**

